

Medical Center Oral Surgery

Dr. B. L. Remedios

7505 Main Street
Suite 390
Houston, TX 77030
(713) 790-9474

PRE-OP INSTRUCTIONS FOR PATIENTS HAVING IV SEDATION/GENERAL ANESTHESIA

1. You should have **NOTHING** to eat or drink six (6) hours prior to procedure. **NOT EVEN WATER!** You may have a "sip" of water if you are taking medication.
2. Use the Restroom just before the procedure.
3. Wear loose fitting, comfortable clothing with **SHORT SLEEVES.**
4. **DO NOT** wear Contact Lenses, Jewelry, Make-up, Nail Polish, or Full Length Hose. No Hair clips or bows-**LEAVE HAIR DOWN.**
5. Discontinue taking Aspirin or Aspirin products the day before surgery and the day of surgery, unless different instructions were given.
6. After the procedure, limit your activity and rest as much as possible. You may feel sleepy or lightheaded for the rest of the day.
7. **DO NOT** drive a vehicle or operate machinery for 24-48 hours following the procedure.
8. **A RESPONSIBLE DRIVER MUST BRING YOU, STAY DURING YOUR PROCEDURE, AND TAKE YOU HOME.** You may **NOT** take a taxi, bus, or transport service. Driver **CANNOT** leave and come back to pick you up. ****WE WILL NOT PERFORM SURGERY IF A RESPONSIBLE DRIVER OF THE VEHICLE IS NOT PRESENT IN THE WAITING ROOM!!****
-Responsible driver is recommended to attend to you during the first 24 hours following your procedure.
-If patient is a minor (under age 18) the Legal Guardian must be present
9. Stock up on Liquids for after your procedure such as: Juice, Broth, Gatorade, and Jello. You will be on a restricted **LIQUID** diet for the first 24 hours after surgery.

****For Non-Emergencies call our office during regular business hours.****

PRESCRIPTIONS/REFILLS WILL BE CALLED IN ONLY DURING REGULAR BUSINESS HOURS

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PRE-OP INSTRUCTIONS FOR PATIENTS HAVING NITROUS/LOCAL ANESTHETIC

1. Use the Restroom just before the procedure.
2. Wear loose fitting, comfortable clothing with **SHORT SLEEVES**.
3. **DO NOT** wear Contact Lenses, Jewelry, Make-up, Nail Polish, or Full Length Hose. No Hair clips or bows-**LEAVE HAIR DOWN**.
4. Discontinue taking Aspirin or Aspirin products the day before surgery and the day of surgery, unless different instructions were given.
5. After the procedure, limit your activity and rest as much as possible. You may feel sleepy or lightheaded for the rest of the day.
6. Stock up on Liquids for after your procedure such as: Juice, Broth, Gatorade, and Jello. You will be on a restricted **LIQUID** diet for the first 24 hours after surgery.
7. If patient is a minor (under age 18) the Legal Guardian must be present

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